



# St. Joseph's

UKRAINIAN CATHOLIC CHURCH

Blessed Vasyl Velychkovsky, CSsR Shrine  
Bishop - Martyr

Served by the Ukrainian Catholic Redemptorists

## ST. JOSEPH'S PARISH OFFICE & MONASTERY

250 Jefferson Avenue  
Winnipeg, Manitoba R2V 0M6

### HOURS

9:30 a.m. – 12:00 p.m.  
1:00 p.m. – 4:30 p.m.

### PHONE

Office: 204-339-4512  
Hall: 204-339-0061

### EMAIL & WEBSITE

office@stjosephukrwinnipeg.ca  
www.stjosephukrwinnipeg.ca

### PASTOR

Fr. Dmytro Dnistrian, CSsR

### ASSISTANTS

Fr. John Sianchuk, CSsR  
Fr. Frank Szadiak, CSsR

### OFFICE MANAGER

Natalia Bilynsky

**BLESSED  
VASYL VELYCHKOVSKY, CSsR  
SHRINE**

Shrine | Museum | Gift Shop

### PHONE

204-338-7321

### EMAIL & WEBSITE

info@bvmartyrshrine.com  
www.bvmartyrshrine.com

## Parish Bulletin

MARCH 6, 2022



### Sunday Divine Liturgy Schedule

Saturday 5:00 P.M. (ENG) Sunday 9:00 A.M. & 11:00 A.M.

**Vespers** Saturday 3:45 P.M.

**Liturgy of the Presanctified Gifts** Wednesday 7:00 PM

**Way of the Cross** Friday 7:00 PM

***Слава Ісусу Христу!***

***Glory to Jesus Christ!***



Dear Parishioners,

Since the invasion of Ukraine began, our Patriarch, His Beatitude Svaityoslav, has been live streaming a daily message to Ukraine and the world. Just a few days ago, he reminded those watching that one of the patrons of the city of Kyiv, is St. Michael the Archangel. He went on to say that “We believe today that the Archangel Michael together with the whole Heavenly Host is fighting for Ukraine.”

It is interesting to note that pictures of clouds resembling angels fighting and defending, over the city of Kyiv have been posted on the internet.

During this sacred time of Great Lent, the actions that will help us during our journey are prayer, fasting, and giving alms. The last one means to do some type of charitable work. In other words, to be “angels in action”, whether it is assisting the humanitarian outreach to Ukraine or the needs of family, friends, and our local community.

As we travel through Great Lent ask God to guide each of us to truly be “angels in action”, who will not only tend to the needs of others, but also bring them hope.

Peace & Prayers  
Fr. Dmytro

PS. Many phone calls were received this week inquiring about giving to the needs of the people of Ukraine. In today’s bulletin, you will find two ways to give. One will assist the needs of people through our Redemptorists in Ukraine. The second way is through the Catholic Near East Welfare Association (CNEWA). This organization is supported by our Ukrainian Catholic Bishops.

## ***Prayer of St. Ephrem***

*(The Prayer of St. Ephrem is a special prayer that we are invited to pray during the of Great Lent. It is a prayer of true repentance: it shows that we want to make a change in our lives.)*

***O Lord and Master of my life,  
keep from me the spirit of indifference and discouragement, lust of power, and idle  
chatter. (Prostration)***

***Instead, grant to me, Your servant, the spirit of wholeness of being,  
humble-mindedness, patience, and love. (Prostration)***

***O Lord and King, grant me the grace to be aware of my sins and not to judge my  
neighbour, for You are blessed, now and for ever and ever. Amen. (Prostration)***

*(Then, with a simple bow, the following is repeated four times.)*

***God, be merciful to me, a sinner. God, cleanse me of my sins and have mercy on me.  
Lord, forgive me; for I have sinned without number.***

*(Once more, the entire Prayer of St. Ephrem is recited without the usual prostrations.  
One prostration is made at the conclusion.)*

***Слава Ісусу Христу!***

***Glory to Jesus Christ!***

**First Sunday of Great Lent**

**Sunday of Orthodoxy**

*The Redemptorists and parishioners of St. Joseph's extend a warm welcome to all. Thank you for worshipping with us.*

## Great Lent 2022

**Presanctified Liturgy**

**Wednesdays 7:00 pm**

**Way of the Cross**

**Fridays 7:00 pm**

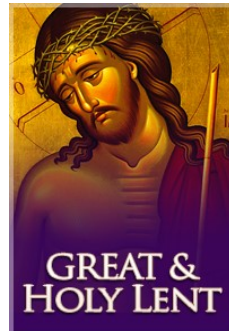
**Sorokousty**

**Saturdays 9:00 am**

*March 12, 19, 26*

**Way of the Cross (Ukrainian)**

**Sundays 6:00 pm**



### **Sacrament of Reconciliation**

Confessions will be take place in the Family Room, which is located to the left of the sanctuary (altar area) before each Sunday Divine Liturgy. Confessions may also be by appointment. Please call the parish office, 204-339-4512.

### **Sunday Divine Liturgy Schedule**

Saturday 5:00 P.M. (ENG)

Sunday  
9:00 A.M. (UKR/ENG)  
11:00 A.M. (ENG)

### **Live Streaming Schedule**

*YouTube - St. Joseph's Ukrainian Catholic Church Winnipeg*

**Saturday Great Vespers 3:45pm**

**Sunday Divine Liturgy 9:00 am**

**Wednesday Presanctified Liturgy 7:00 pm**

**Friday Way of the Cross 7:00 pm**

*YouTube - Bishop Velychkovsky National Martyr's Shrine*

**Tuesdays Blessed Vasyl Devotions 7:00 pm**

**Parish Annual General Meeting Sunday, March 20, 2022 - 12:15 pm**

# First Sunday of Great Lent - March 6, 2022

**Sunday Tropar, tone 8:** You came down from on high, O Merciful One,\* and accepted three days of burial\* to free us from our sufferings.\* O Lord, our life and our resurrection,\* glory be to You.

**Tropar, 1st Sunday of Lent, tone 2:** We pay homage to Your undefiled image, Good Lord,\* and beg pardon for our faults, Christ our God.\* By Your will You chose to mount the cross in Your flesh\* to free Your creatures from slavery to the enemy.\* For this we gratefully cry out to You:\* "By coming to save the world, our Saviour, You filled all things with joy."

Glory be to the Father, and to the Son, and to the Holy Spirit, now and forever and ever. Amen!

**Kondak of the first Sunday of Lent, tone 8:** The uncircumscribed Word of the Father\* became circumscribed by being enfleshed from you, Godbearer.\* You brought back the stained image to its original state\* by infusing it with divine beauty.\* But recognizing our salvation we portray it by word and deed.

**Prokimen, tone 4:** Blessed are you, and praiseworthy, O Lord, the God of our fathers, and glorious forever is your name.

**Verse:** *For you are just in all you have done.*

**Epistle:** A reading from the Epistle to the Hebrews. (Heb. 11:24-26; 32-12:2)

Brothers and Sisters! By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter; he wished to be ill-treated along with God's people rather than enjoy the fleeting rewards of sin. Moses considered the reproach borne by God's Anointed greater riches than the treasures of Egypt, for he was looking to the reward. What more shall I recount? I have no time to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets, who by faith conquered kingdoms, did what was just, obtained the promises; they broke the jaws of lions, put out raging fires, escaped the devouring sword; though weak they were made powerful, became strong in battle, and turned back foreign invaders. Women received back their dead through resurrection. Others were tortured and would not receive deliverance, in order to obtain a better resurrection. Still others endured mockery, scourging, even chains and imprisonment. They were stoned, sawed in two, put to death at sword's point; they went about garbed in the skins of sheep or goats, needy, afflicted, tormented. The world was not worthy of them. They wandered about in deserts and on mountains, they dwelt in caves and in holes of the earth. Yet despite the fact that all of these were approved because of their faith, they did not obtain what had been promised. God had made a better plan, a plan which included us. Without us, they were not to be made perfect. Therefore, since we for our part are surrounded by this clout of witnesses, let us lay aside every encumbrance of sin which clings to us and persevere in running the race which lies ahead. Let us keep our eyes fixed on Jesus, who inspires and perfects our faith.

**Alleluia Verses:** *Moses and Aaron are among His priests and Samuel among those who call upon His name.*

*They called upon the Lord, and he answered them.*

## Gospel: John 1:43-51

At that time Jesus set out for Galilee, but first he came upon Philip. "Follow me," Jesus said to him. Now Philip was from Bethsaida, the same town as Andrew and Peter. Philip sought out Nathanael and told him, "We have found the one Moses spoke of in the law — the prophets too — Jesus, son of Joseph, from Nazareth." Nathanael's response to that was, "Can anything good come from Nazareth?" and Philip replied, "Come, see for yourself." When Jesus saw Nathanael coming toward him, he remarked: "This man is a true Israelite. There is no guile in him. "Before Philip called you, " Jesus answered, "I saw you under the fig tree." "Rabbi," said Nathanael, "you are the Son of God; you are the king of Israel." Jesus responded: "Do you believe just because I told you I saw you under the fig tree? You will see much greater things than that." He went on to tell them, "I solemnly assure you, you shall see the sky opened and the angels of God ascending and descending on the Son of Man."

**Instead of "It is truly right":** In you,\* Lady full of grace,\* all creation rejoices,\* the world of angels\* and the human race.\* Sanctified temple, spiritual paradise,\* boast of virgins,\* God\* took flesh from you\* and became a child;\* He was God\* before\* the ages.\* He made your womb\* a throne\* and made it\* more encompassing\* than the heavens.\* In you,\* Lady full of grace,\* all creation rejoices,\* glory be to you.

**Communion Hymn:** Praise the Lord from the heavens, praise Him in the highest.

Exult, you just, in the Lord; praise from the upright is fitting. Alleluia! Alleluia! Alleluia!



## First Sunday of Great Lent

### *Sunday of Orthodoxy*

This Sunday marks an important message with which the Church wants us to begin Great Lent: *God became human*. This might seem strange, but on this Sunday we commemorate the victory of the *defenders of icons* against those who condemned icons (iconoclasts). The issue was not just icons, but more importantly what does it mean that God became human. Icons are only possible because of the Incarnation of the Son. In taking upon Himself our humanity He demonstrated that we are all called to fulfil our original purpose: to be with God in eternity. This lesson is the culmination of the first week of Great Lent, when during many of the services we would have heard the opening passages of the book of Genesis: God created the world and it was good and God created humanity in the divine image and likeness. We are called to *divinization*, according to the ancient holy writers. Now, during Lent, we have the opportunity to engage more earnestly in this calling: to become Christ-like. Opening ourselves to the Holy Spirit, in order to become God's agents in the world.

### *Why do we celebrate the Sunday of Orthodoxy if we are Catholic?*

A very good question. The word "orthodoxy" has a number of usages, as does the word "catholic". Both these terms can be used in reference to a Christian Church, but that is a very narrow understanding. All major Churches see themselves as orthodox, that is, following the fundamental teaching of the early Christian Church before the various divisions of today arose. The Sunday of Orthodoxy specifically refers to the affirmation of Orthodox Christian teaching on the Incarnation of the Son of God against the teachings of those who opposed the use of icons. This controversy broke out in the 8<sup>th</sup> and 9<sup>th</sup> centuries, before the formal division between "Catholics" and "Orthodox" or Western Christianity and Eastern Christianity.



**Notice of UCWLC General Meeting**  
Monday, March 28, 2022, 1:30 pm  
(afternoon)

The UCWLC will hold a General Meeting on Monday afternoon, March 28, 2022.

At its March 1, 2022 meeting, the Executive agreed to continue with the recommendation for masking and social distancing. Masks are strongly encouraged and seating will be set up for social distance. No food or beverages will be served. You are welcome to bring bottled water or to bring a beverage in a travel mug. We look forward to seeing you!

**Sunday Collection**  
**February 27, 2022**

Sunday Collection	\$825
Open Collection	\$9
Outreach	\$240
Miscellaneous Donation	\$1430
Initial Offering	\$20
Share Lent	\$70

Thank you for your support

***St. Joseph's Outreach***

Dear Parishioners,

I hope that you are well and keeping safe as we begin to emerge from this pandemic. Our committee is asking your help to fill our cupboard. If you are able, we need canned goods such as fruit, vegetables, fish, ham, milk, cereals, crackers, pasta, sauces, coffee, tea and hygiene products such as toothpaste, shampoos, soaps. If you are able to help us with monetary donations it would be greatly appreciated.

God bless you and many thanks for your ongoing support.

Anna Banera, Outreach Committee Chair

***Bishop Velychkovsky***  
***Martyr's Shrine***

**Blessed Vasyl Devotions during Lent -**  
**Tuesdays 7:00 pm**  
**Live streaming**

***Shrine Hours***

Tuesday-Friday 10:00 am - 5:00 pm,  
Saturday 10 am -1:00 pm

The Shrine will be open for prayers following the  
Saturday 5:00 pm and  
9:00 am & 11:00 am Sunday Liturgies

Those wishing to visit the Shrine must be in good health, only individuals, no groups and please note all COVID-19 guidelines/directives will be followed. All visitors are asked to wear masks when entering the Shrine.



***Inter-Council Charity Drive (ICCD)***

***Raffle Tickets*** K of C of St. Joseph's parish invite you to support your council and parish by purchasing Inter-Council Charity Drive (ICCD) raffle tickets. The grand prizes include new vehicles and cash. Please phone Don Gulchak (204-338-1030) or email: don.gigi2000@gmail.com Draw date: April 23, 2022 Thank you for your support. Good luck! Fr. Shyshkovich Council #8925

***Attention Knights of Fr. Shyshkovich Council #8925***

There was no meeting held in February, but a motion has since been made by Br. Bohdan Wowczuk and seconded by Br. Gord Lasko that our Council assist the Parish in the purchase and installation of a hand washing station in the Parish kitchen. The details will be published in our March K of C bulletin and will be voted upon at the regular on-line business meeting on Monday March 14th.



# PLENTIFUL REDEMPTION IN ACTION IN UKRAINE



The **Redemptorists** of the Lviv Province in Ukraine are working on the ground with both locals and refugees fleeing the war. They are supporting people with counselling, the sacraments, and prayer. Redemptorist churches and monasteries are open to provide support, temporary shelter, and food for refugees on their way to Poland or Romania.

Please consider making a donation to these efforts. **Cheques are payable to “UKRAINIAN CATHOLIC MISSION OF THE MOST HOLY REDEEMER.”** These donations are tax deductible and receipts will be issued. Donations will be sent to the Redemptorists in Ukraine via secure channels as soon as possible.

Send donations to:

**REGIONAL FINANCE OFFICE, 250 JEFFERSON AVE., WINNIPEG MB R2V 0M6**

Thank you for your generosity. Please pray for citizens of Ukraine.

Our Mother of Perpetual Help, pray for us.

Fr. Michael Smolinski, C.Ss.R.

Regional Coordinator – Redemptorists of the Yorkton Region (Province of Canada)



The Ukrainian Catholic Bishops of Canada, for some time, have trusted the **Catholic Near East Welfare Association (CNEWA)** to assist the Church in Canada in offering support and aid to the Church in Ukraine. As the present crisis started to boil over several weeks ago, it became obvious that the people of Ukraine will need emergency humanitarian aid - including medical supplies and services, refugee assistance, etc.

Metropolitan Lawrence has designated CNEWA as the primary vehicle for donations to be made to help Ukraine. All members of the faithful are asked to contact CNEWA directly to easily make their donations online via the association.

CNEWA Canada

<https://cnewa.org>

Toll-free: 1-866-322-4441

# Divine Liturgy Intentions & Scripture Readings

March 6-13

## First Sunday of Lent

Heb 11:24-26; 32- 12:2 John 1:43-51

Saturday	5:00 pm	March 5	For Our Parishioners	
Sunday	9:00 am	March 6	+Sofia Hull (40th day)	Orysia
	11:00 am		+Florence Blanchard	Steve & Helen

## Priest Martyr Basil

Rom. 15:1-7 Matt. 18:10-20

Monday		March 7	Special Intention	Knights of Columbus
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## Confessor Theophylactus

Gal. 6:2-10 Matt. 4:23-5:13

Tuesday		March 8	+Stan Sirdar	Family
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## 40 Martyrs of Sebastia

Heb. 12:1-10 Matt. 20:1-16

Wednesday	7:00 pm	March 9	Presanctified Liturgy	
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## Martyr Codratus of Corinth

1 Cor. 10:5-12 Matt. 5:27-32

Thursday		March 10	+Eugene & Barbara Bailey	Michael Bailey & Family
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## Patriarch Sophronius

Rom. 12:6-14 Matt. 5:33-41

Friday		March 11	+Petro & Halina Bialas	Kobewka Family
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## All Souls Saturday

Heb. 3:12-16 Mark 1:35-45

Saturday	9:00 am	March 12	Divine Liturgy for the Deceased & Sorokousty	
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## Second Sunday of Lent

Heb. 1:10-2:3 Mark 2:1-12

Saturday	5:00 pm	March 12	+Alice Mary Gallagher Osborne	Joanne Peters
Sunday	9:00 am	March 13	For Our Parishioners	
	11:00 am		+Helen Lukie	Family

Ukrainian Canadian Congress-Manitoba Provincial Council

## STAND WITH UKRAINE RALLY

Today, Sunday March 6 - 2:00 pm  
Manitoba Legislative Building

Rosary will be prayed for Ukraine

Wed. March 9, 2022, 1:30 pm  
In our church of St. Joseph's

All are invited.

## FASTING REGULATIONS FOR GREAT LENT

**Simple Fasting** requires the faithful not to consume meat, during all Fridays throughout the year, including the Holy Season of Great Lent, with certain exceptions.

Simple Fasting is recommended on Wednesdays during the Holy Season of Great Lent for the intention of world peace, gratitude for the gift of life and for vocations to the priesthood and religious life.

**Strict Fasting** requires the faithful not to consume meat, eggs and dairy products.

Strict Fasting occurs on the first day of Great Lent, February 28 and on Good Friday, April 15.

The following have been given a general dispensation from fasting:

- Persons who are spiritually or physically ill - sick and convalescent - those who work strenuously
- pregnant women and nursing mothers - those who have reached the age of 60 years

Bishops, pastors and confessors may grant a dispensation from the fasting guidelines in case of necessity, in conformity with the spirit of our Church.