



St. Joseph's

UKRAINIAN CATHOLIC CHURCH

Blessed Vasyl Velychkovsky
National Martyr's Shrine

Served by the Ukrainian Catholic Redemptorists

ST. JOSEPH'S PARISH OFFICE & MONASTERY

250 Jefferson Avenue
Winnipeg, Manitoba R2V 0M6

HOURS

9:30 a.m. – 12:00 p.m.
1:00 p.m. – 4:30 p.m.

PHONE

Office: 204-339-4512
Hall: 204-339-0061

EMAIL & WEBSITE

office@stjosephukrwinnipeg.ca
www.stjosephukrwinnipeg.ca

PASTOR

Fr. Dmytro Dnistrian, CSsR

ASSISTANTS

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Fr. Frank Szadiak, CSsR

OFFICE MANAGER

Natalia Bilynskyy

BLESSED VASYL VEYCHKOVSKY NATIONAL MARTYR'S SHRINE

Shrine | Museum | Gift Shop

PHONE

204-338-7321

EMAIL & WEBSITE

info@bvmartyrshrine.com
www.bvmartyrshrine.com

Parish Bulletin

FEBRUARY 19, 2023



Sunday Divine Liturgy Schedule

Saturday 5:00 P.M. (ENG) Sunday 9:00 A.M. & 11:00 A.M.

Vespers Saturday 4:00 P.M.

Liturgy of the Presanctified Gifts Wednesday 7:00 PM

Way of the Cross Friday 6:30 PM

Great Lent 2023

Forgiveness Vespers

Sunday February 19
6:30 pm

In this beautiful service in which we seek forgiveness from God and from one another as we begin our journey to Holy Week & Pascha (Easter).

Please plan to attend.

Poklonny Service

First Day of Great Lent
Monday February 20 - 7:00 pm

Presanctified Liturgy

Every Wednesday during Great Lent.
Starting February 22 - 7:00 pm

Way of the Cross

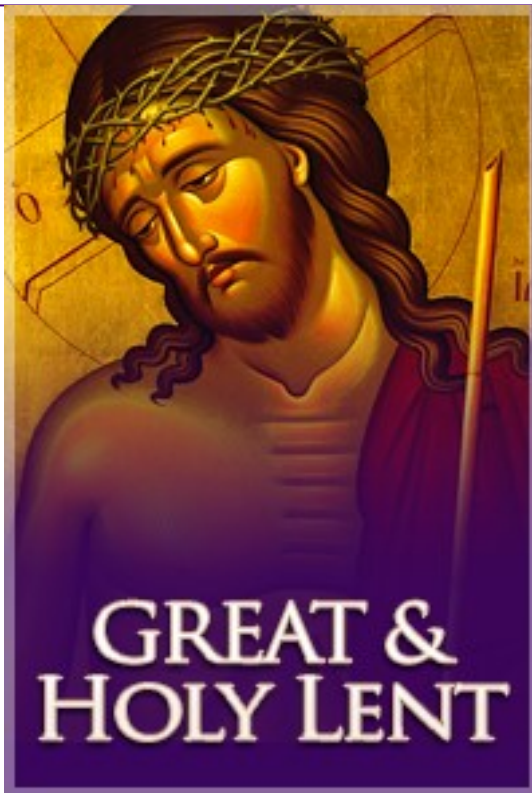
English
Every Friday during Great Lent.
Starting February 24 - 6:30 pm

Way of the Cross

Ukrainian
Sundays,
Starting March 4 - 6:30 pm

Divine Liturgy & Sorokousty

Prayers for our dearly departed
Saturdays 9:00 am
March 4, 11, 18
May 27



February 20 - March 31

HOLY WEEK

April 1 - 8

PASCHA

Easter
Великдень

Sunday April 9

Слава Ісусу Христу!

Glory to Jesus Christ!

Forgiveness Sunday (Cheese-fare)

The Redemptorists and parishioners of St. Joseph's extend a warm welcome to all. Thank you for worshipping with us.

Upcoming Events at St. Joseph's

Sunday	Feb. 19	9:00 am & 11:00 am 10:00 am 6:30 pm	Divine Liturgy Catechism Forgiveness Vespers
Monday	Feb. 20	7:00 pm	Poklonny Service
Wednesday	Feb. 22	1:30 pm 7:00 pm	Rosary for Ukraine Presanctified Liturgy
Friday	Feb. 24	8:00 am - 7:00 pm 6:30 pm	Day of Prayer for Ukraine Way of the Cross
Saturday	Feb. 25	4:00 pm 5:00 pm	Vespers Divine Liturgy
Sunday	Feb. 26	9:00 am & 11:00 am 10:00 am	Divine Liturgy Catechism



Friday February 24, 2023

**Bishop Velychkovsky National Martyr's Shrine
St. Joseph's Ukrainian Catholic Church
Will be opened from 8:00 a.m. to 7:00 p.m.**



To mark one year since the beginning of the full-scale Russian war against Ukraine,

the entire Church is asked to spend this day in fasting, prayer, and works of mercy.

We invite you to come and spend time in prayer before the Holy Relics of Blessed Vasyl in our Bishop Velychkovsky National Martyr's Shrine

Brief public prayer will occur in the church from 10:00 am - 4:00 pm at the beginning of each hour.

***“O Blessed Vasyl, you lived through the danger of war,
protect your people from all enemies.
Blessed Bishop and Martyr Vasyl, pray to God for us”***

24 February 2023

**AN APPEAL BY THE UKRAINIAN CATHOLIC BISHOPS IN CANADA
MARKING THE ONE YEAR COMMEMORATION
OF THE RUSSIAN INVASION OF UKRAINE**

To the Reverend Fathers, Religious Sisters, Venerable Monastics,
People of Ukrainian Descent, and all People of Good Will:

"You shall not fear the terror of the night, nor the arrow that flies by day..." [ps. 91:5]

Glory be to Jesus Christ!

Dearly Beloved in Christ!

Today, on our calendars we mark a year since a new stage of the Russian-Ukrainian war began with brutal cruelty and destruction, cynicism and falsehood. Every day of the past year has been a repetition of February 24, adding to the bitter statistics of losses and multiplying the grief experienced by many. Thousands of innocent men, women and children have lost their lives; many have been tortured, held in prisons and camps, and forcibly deported. Millions are forced to wander around the world, having lost everything, seeking refuge far from their homes. Many cities and villages have been erased from the face of the earth, leaving only traces in the history and memory of those who lived there. Countless are the deep emotional wounds from the losses, tragic memories, and longing for relatives, inflicted by the war on those who survive and are suffering - especially the children!

This war is not limited to the context of armed battles, but also occurs in the struggle for consciences, spiritual values and ideals with all the evils that war entails. Most importantly, it requires from everyone a clear choice for good or evil. The war challenges us to demonstrate our love for Ukraine, for its God-given freedom, political and human rights. War challenges the very sincerity of our love for our neighbour and the Lord God. Every Ukrainian in and outside of Ukraine is called to discover a deeper awareness of his or her national, political and ethnic identity. The enemy are those who want to stop this process and plant other values which contradict the truths of the Christian faith, the foundations of our spirituality and our Ukrainian identity. And they are looking for all kinds of insidious ways to achieve their goals.

We, the Ukrainian Catholics in Canada, call upon all people of good will to steadfastly resist the spread of the evils of war, the killing of innocent people, and the destruction of the nation of Ukraine. Let us draw our strength from the Lord at all times in our struggle (cf. Ps. 26:1). As the Apostle Paul says, let us gird ourselves with the belt of faith and take the armour of justice, the shield of faith, the helmet of salvation and the spiritual sword to "resist the wiles of the devil" and "against the principalities, against the authorities, against the rulers of this world of darkness, against the spirits of malice in the heavenly spaces" (Eph. 6:11-12). Fervent and constant prayer to the Lord is our weapon against which enemy forces are powerless, and with it we draw the grace of

God. We pray not to succumb to feelings of hopelessness and oppression, excessive worries and cares (cf. Ps. 137:7).

Let us take the psalmist's words, "Your word is a lamp to my feet, and a light to my path" (Ps. 118:105) closer to heart and listen to God's voice in our lives. The word of God teaches us goodness, truth, love, understanding and ability to make right decisions that are sometimes very difficult, especially during times of deep tragedy and loss. In His word, we will find God who is near to us in solidarity, offering us comfort and healing.

Let us continue our works of mercy for the needy in Ukraine and those who seek refuge here in Canada, as a humble manifestation of our sincere faith and for the greater glory of God. In doing so, we share the time and talents with which the Lord has blessed us, knowing that everything will return a hundredfold. By giving temporal goods now, we will receive eternal goods in the future.

In solidarity and compassion with our brothers and sisters in Ukraine, who continue to suffer from the lack of food, water and other basic necessities of life due to the ongoing war, let us renew our practice of fasting and abstinence to remind ourselves of the many blessings we enjoy in our peaceful, daily lives here in Canada.

More than ever, we need to support each other through prayer, kind words and good deeds. A person who receives something through you will thank the Lord and praise Him always. "Let your light so shine before others that they may see your good works and glorify your Heavenly Father" (Mt. 5:16).

The outcome of this war is crucial and will have global significance and consequences. We pray for victory, which will be realized only when we put all our efforts together. Let us unite, pray, and work for the common good! Let this Lenten season be an opportunity to reach new spiritual heights and to better ourselves so that we can carry out our part in bringing to an end the tragedy of war.

May God bless the Ukrainian people both in their homeland and throughout the world. May He grant them the strength of a strong Christian faith, of enduring good health and the support of a multitude of people of good will. May He grant victory over evil and peace to Ukraine!

Sincerely Yours in Christ,

+ **Lawrence Huculak**, OSBM
Metropolitan Archbishop of Winnipeg
Apostolic Administrator of Saskatoon

+ **David Motiuk**
Eparchial Bishop of Edmonton
Apostolic Administrator of New Westminster

+ **Bryan Bayda**, CSSR
Eparchial Bishop of Toronto

+ **Andriy Rabyi**
Auxiliary Bishop of Winnipeg

Ukrainian Canadian Congress Manitoba Provincial Council 365 Days of Resistance

February 24, 2023 Canadian Museum for Human Rights

6:00 pm Solidarity Rally 7:00 pm Opening "Ukrainian Artists United" Digital Display—Free Admission

February 25, 2023 St. Mary the Protectress Cathedral, 11:00 am Moleben for Victims of the War,
Followed by Walk for Peace Sts. Volodymyr and Olha Cathedral 12:00 pm Interfaith Service for Peace



Deepest Sympathy



Condolences are extended to
Elsie Yarish on the passing of her sister, Phyllis Yarish.

Grant Eternal Rest, O Lord, to the soul of your servant.

Вічна Пам'ять God Grant Her Eternal Memory Вічна Пам'ять

St. Joseph's Perogy Bee *The next perogy bee will be March 14th & 15th*



*Thank you to all that came out this past week to help with our perogy bee!
We will be having a second perogy bee on March 28th and 29th as we
prepare for Knights of Columbus fish fries and for your Easter orders. Thank
you all and God Bless.*

*Due to the ever increasing prices for ingredients the price per dozen is now \$8.00
To order please contact Mary at 204-339-1296. Please note that we will only be making 350 dozen at this
time. If we have sufficient volunteers coming out we "may" increase orders in the following months.*

Volunteers are always needed to fill the following positions: *Potato peelers, Dough makers, Dough
pressers, Ballers, Pinchers, Pincher runners, Perogy boilers, Perogy runners, Perogy packers, Order
fillers, Perogy wrappers, Coffee and lunch prep, Clean up. To volunteer please contact: Donna Sumka
(204) 339-6025*



**March 17, 24, & 31
More details to follow.**

K of C Fr. Shyshkowich Council # 8925



St. Joseph's UCWLC – Next General is March 6, 2023

Sunday Collection February 12

Sunday Collection	\$2010
Open Collection	\$55
Vigil Lamps	\$42.10
Initial Offering	\$150
Outreach	\$100

Thank you for your support

Bishop Velychkovsky Martyr's Shrine

Blessed Vasyli Devotions
Wednesdays 7:00 pm Live streaming

Shrine Hours Tuesday-Friday 10:00 am - 5:00 pm,
Saturday 10 am -1:00 pm

The Shrine will be open for prayers following the
Saturday 5:00 pm and Sunday Liturgies.

Cheesefare ~ Forgiveness Sunday

Fifth Pre-Lenten Sunday

This is the final Sunday preparing us for the period of Great Lent: tomorrow begins what are to be the most intense weeks of the year dedicated to reflection, penance, and reconciliation. As we are about to plunge into Lent, the lessons of the prior weeks reappear today in fresh forms, ensuring that we are equipped with all the safety features available to keep us from drowning.

This Sunday's Gospel reminds us that we have fallen out with God—as Adam and Eve had in the Garden. Sinfulness obscures our knowledge of God. But our contemplation of our shortcomings, troubles, sorrow, is imbued with the hope and joy of the Resurrection.

Hence, this ***Sunday of the Expulsion from Paradise***, is also known as ***Forgiveness Sunday***. Last Sunday's parable told us that our interaction with others, even the most destitute, are interactions with Christ. Today we are reminded that God's forgiveness is manifest in our forgiveness of each other.

Forgiveness, truly forgiving one another is a powerful force against isolation, division, opposition, hatred—in short, the wages of sin. In the words of A. Schmemman: "To forgive is to put between me and my "enemy" the radiant forgiveness of God Himself."

Most often, Great Lent is associated with fasting. This Sunday is called "**Cheesefare**" because traditionally this would be the last day for eating any dairy products until Easter Sunday. Last Sunday, "**Meatfare**" marked the day to stop meat. The practice of abstinence from foods is intended to help us refocus our attention to our relationship with God. Stepping outside of our comfort zone with something as normal (and essential) as our eating habits is one way of changing our perspective towards our way of being. However, significantly, the readings from our pre-lenten Sundays repeatedly tell us that we are not to flaunt our fasting, make others uncomfortable with it, nor judge the practice of others. Fasting in our Faith Tradition is not a goal in itself. Fasting has only one goal: to help us focus on Christ so that we reflect His Spirit. As Paul told the Galatians, "the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control" (5: 22-23). If fasting doesn't help us be better people, it has no virtue in itself.

These lessons from the pre-lenten Sunday Liturgies are fundamental to our very existence as human beings—as people with a desire to live with meaning and purpose. I cannot imagine a human interaction, be it at home or work, school, or in a crowd, that isn't informed by the parables of this period: essentially, let's live in love. On what will we base every action, decision, choice, as we move through each day? Will we care for how we look to others? Or will we care about others?



*Please remember to donate food items to
St. Joseph's Outreach.*

*Donations are always needed. All food items may be placed in
this container that is located in the vestibule of our church.*

Divine Liturgy Intentions & Scripture Readings

February 19 ~ 26

Sunday of Cheese-fare				Rom. 13:11—14:4 ~ Matt. 6:14-21
Saturday	5:00 pm	February 18	Birthday Blessings Catherine	Ryczak Family
Sunday	9:00 am	February 19	For Our Parishioners	
	11:00 am		+Yaroslav Kostur (12 yrs)	Elaine Kisiow
First Day of Great Lent				1 Cor. 3:18-23 ~ Luke 21:8-36
Monday	8:00 am	February 20	Special Intention	NN
Venerable Timothy				Rom. 8:14-21 ~ Matt. 6:1-13
Tuesday	8:00 am	February 21	Health Jacob Baker	Gilcaria Bilinsky
Finding the Relics of Martyrs of Eugenia				2 Cor. 4:13-18 ~ Mark 11:22-25
Wednesday	7:00 pm	February 22	Presanctified Liturgy	
Priest Matyr Polycarp				Rom. 15:30-33 ~ Matt. 7:7-11
Thursday	8:00 am	February 23	+Jeroslawa Dobush(1yr)	Family
First & Second Finding of the Head of John the Baptist				2 Cor. 4:6-15 ~ Matt. 11:2-15
Friday	8:00 am	February 24	For Peace in Ukraine	
Great Martyr Theodore of Tyre				Heb. 1:1-12 ~ Mark 2:23-3:5
Saturday	8:30 am	February 25	No Liturgy	
First Sunday of Lent				Heb. 11:24-26; 32-12:2 ~ John 1:43-51
Saturday	5:00 pm	February 25	God's Blessing & Thanksgiving Anniversary	Frank & Kathy Hrechka
Sunday	9:00 am	February 26	For Our Parishioners	
	11:00 am		+Glen	Pavcek Family

Holy Family Home is currently looking for volunteers to assist in the Spiritual Care Department. Duties include transporting residents to weekday services, (9:15am-11:15am) as well as friendly visiting with residents on their units. All volunteers must be able to show proof of vaccination and attend a brief volunteer orientation session. Please contact Michelle Thiessen or Roman Kuzytskyy if you would like to join this much-needed ministry. Call 204-589-7381 ext. 213 or email RKuzytskyy@holyfamilyhome.mb.ca. or MThiessen@holyfamilyhome.mb.ca

Sacrament of Reconciliation (Confession) will take place on Saturdays & Sundays before Divine Liturgy. Confessions will be heard in the Family Room, which is located to the left of the sanctuary. Confessions may also be by appointment during the week. Please call the parish office, 204-339-4512 to make arrangements.

Collections Baskets

are now located at the front of the church.

Please place your offering in the baskets **"before"** or **"after"** Divine Liturgy. Please

refrain from approaching the baskets during

Divine Liturgy, especially during the distribution of Holy Communion.

Sincere gratitude to all parishioners for your continued generosity



FASTING REGULATIONS FOR GREAT LENT



Simple Fasting requires the faithful not to consume meat, during all Fridays throughout the year, including the Holy Season of Great Lent, with certain exceptions.

Simple Fasting is recommended on Wednesdays during the Holy Season of Great Lent for the intention of world peace, gratitude for the gift of life and for vocations to the priesthood and religious life.

Strict Fasting requires the faithful not to consume meat, eggs and dairy products.

Strict Fasting occurs on the first day of Great Lent, February 20 and on Good Friday, April 7.

The following have been given a general dispensation from fasting:

Persons who are spiritually or physically ill - sick and convalescent - those who work strenuously, pregnant women and nursing mothers, and those who have reached the age of 60 years.

Bishops, pastors and confessors may grant a dispensation from the fasting guidelines in case of necessity.

Parish Annual General Meeting Sunday, March 26 - 12:15 pm



Saturdays 4:00 pm Great Vespers

Sunday 9:00 am Divine Liturgy

[YouTube - St. Joseph's Ukrainian Catholic Church Winnipeg](#)

Wednesdays 2:30 pm Blessed Vasyli Devotions

[YouTube - Bishop Velychkovsky National Martyr's Shrine](#)

Prayer of St. Ephrem

(The Prayer of St. Ephrem is a special prayer that we are invited to pray during the weekdays, morning and evening, of Great Lent. It is a prayer of true repentance: it shows that we want to make a change in our lives.)

***O Lord and Master of my life,
keep from me the spirit of indifference and discouragement, lust of power, and idle
chatter. (Prostration)***

***Instead, grant to me, Your servant, the spirit of wholeness of being,
humble-mindedness, patience, and love. (Prostration)***

***O Lord and King, grant me the grace to be aware of my sins and not to judge my
neighbour, for You are blessed, now and for ever and ever. Amen. (Prostration)***

(Then, with a simple bow, the following is repeated four times.)

God, be merciful to me, a sinner.

God, cleanse me of my sins and have mercy on me.

Lord, forgive me; for I have sinned without number.

(Once more, the entire Prayer of St. Ephrem is recited without the usual prostrations.

One prostration is made at the conclusion.)

Mutual Forgiveness Prayer at the Beginning of Great Lent

Priest: My brothers and sisters, at this time let us try to remember all our sins which we have committed throughout the course of our life, and with which we have offended God.

Moment of Silence

People: Lord we have sinned against You in thought, word and action. We have been wrong and we have done wrong. Forgive us.

Moment of Silence

Priest: Let us remember if we harbor any ill feelings towards God for anything that happened in our life.

Moment of Silence

People: Lord, help us to accept your will in our lives, to try to understand your ways, and not to feel angry with you or blame You for anything that might happen to us or go wrong in our lives.

Moment of Silence

Priest: Let us try to remember all of those people who have offended us, hurt us, angered us; all those people against whom, for whatever reason, we bear grudges, felt hatred, and whom we find hard to forgive.

Moment of Silence

People: From the bottom of my heart, I truly and sincerely forgive those who hate me, who have offended, or hurt me, and against who I carry a grudge or nourish ill feelings.

Moment of Silence

Priest: Let us try to remember all of those people whom we ourselves have hurt or offended, knowingly or unknowingly, in word or deed, and all those whom we, for whatever reason, hate and who bear grudges against us.

Moment of Silence

People: From the bottom of my heart, I truly and sincerely as forgive-ness and pardon of all those whom I hate, whom I have offended and hurt, and who hold a grudge against me because of this.

Moment of Silence

Priest: My brothers and sisters, if I have sinned against you, hurt you, or offended you in thought, word or action, knowingly or unknowingly, in any possible way, please forgive me, a sinner, and pray to God for me.

People: May God Himself forgive you and pardon your sins and trans-gressions, and we also forgive and pardon you. Father, bless us, and forgive us our sins and offenses and transgressions, committed voluntarily or perhaps unwittingly, against you.

Priest: May the Lord God, through His grace and loving kindness forgive you. And I also pardon and forgive you.