



# St. Joseph's

UKRAINIAN CATHOLIC CHURCH

Blessed Vasyl Velychkovsky  
National Martyr's Shrine

Served by the Ukrainian Catholic Redemptorists

**ST. JOSEPH'S PARISH  
OFFICE & MONASTERY**

250 Jefferson Avenue  
Winnipeg, Manitoba R2V 0M6

**HOURS**

9:30 a.m. – 12:00 p.m.  
1:00 p.m. – 4:30 p.m.

**PHONE**

Office: 204-339-4512  
Hall: 204-339-0061

**EMAIL & WEBSITE**

office@stjosephukrwinnipeg.ca  
www.stjosephukrwinnipeg.ca

**PASTOR**

Fr. Dmytro Dnistrian, CSsR

**ASSISTANTS**

Fr. John Sianchuk, CSsR  
Fr. Frank Szadiak, CSsR

**OFFICE MANAGER**

Natalia Bilynskyy

**BLESSED VASYL VEYCHKOVSKY  
NATIONAL MARTYR'S SHRINE**

Shrine | Museum | Gift Shop

**PHONE**

204-338-7321

**EMAIL & WEBSITE**

info@bvmartyrshrine.com  
www.bvmartyrshrine.com

## Parish Bulletin

**FEBRUARY 26, 2023**



### Sunday Divine Liturgy Schedule

Saturday 5:00 P.M. (ENG) Sunday 9:00 A.M. & 11:00 A.M.

**Vespers** Saturday 4:00 P.M.

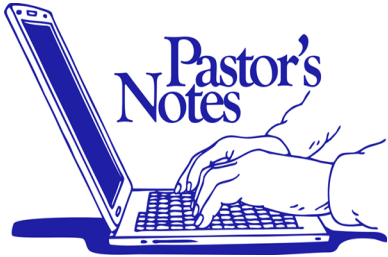
**Liturgy of the Presanctified Gifts** Wednesday 7:00 PM

**Way of the Cross** Friday 6:30 PM

Слава Ісусу Христу!

Glory be to Jesus Christ!

## Great Lent ~ A Time to Tend the Garden



Dear Parishioners,

A week ago on Cheese Fare Sunday, we were reminded of the importance of *Forgiveness*. We also recalled the story of Adam & Eve and in particular, their disobedience which led to their expulsion from the Garden of Paradise. Becoming more aware of our own disobedience (sin) and our need for forgiveness is very important to keep in mind as we travel through Great Lent. Forgiveness reconciles and heals which allows us to enter the Garden once again where we can experience the love of God in a new way.

During Great Lent, we are given three spiritual tools to help us to *Tend the Garden*: prayer, fasting and works of charity (almsgiving).

**Fasting** - Giving up certain foods and also refraining from certain behaviors helps to prepare the ground of the garden. Fasting helps us to remove the weeds, rocks and various debris (rubble) that may be occupying the soil of our hearts. Fasting results in more dependence on God and less dependence on things.

**Prayer** can be compared to a beautiful rain that nourishes the soil of our hearts, allowing for proper growth of new life. Prayer is something we can do by ourselves. In addition, to our own prayer and our Sunday Divine Liturgy, during Great Lent, we are invited to participate in the various Lenten Services, such as the Liturgy of the Presanctified Gifts, the Way of the Cross, and Sorokousty. Prayer will always help us to water the garden of our hearts.

**Works of Charity** (Almsgiving) - Fasting and Prayer will help us not only to perform random acts of kindness but also make us more sensitive of how to give. As Mother Teresa once said, "It's not how much we give but how much love we put into giving."

Great Lent is a time to *Tend the Garden of our Hearts* with the spiritual tools of Fasting, Prayer and Works of Charity. This leads us to experience God's forgiveness and love in a new way.

*Peace and Prayers,  
Fr. Dmytro*

**Слава Ісусу Христу!**

**Glory to Jesus Christ!**

**First Sunday of Great Lent**

*The Redemptorists and parishioners of St. Joseph's extend a warm welcome to all. Thank you for worshipping with us.*

**Upcoming Events at St. Joseph's**

Sunday	Feb. 26	9:00 am & 11:00 am 10:00 am	Divine Liturgy Catechism
Wednesday	March 1	1:30 pm 7:00 pm	Rosary for Ukraine Presanctified Liturgy
Friday	March 3	6:30 pm	Way of the Cross (English)
Saturday	March 4	9:00 am 4:00 pm 5:00 pm	Sorokousty Vespers Divine Liturgy
Sunday	March 5	9:00 am & 11:00 am 10:00 am 6:30 pm	Divine Liturgy Catechism Way of the Cross (Ukrainian)



**Deepest Sympathy**

Condolences are extended to  
Mike Samec and family on the passing of his father, +Dmytro Samec.



*Grant Eternal Rest, O Lord, to the soul of your servant.*  
*Вічна Пам'ять God Grant Him Eternal Memory Вічна Пам'ять*

**St. Joseph's UCWLC – Next General is March 6, 2023**

**Sacrament of Reconciliation (Confession)** will take place on Saturdays & Sundays before Divine Liturgy. Confessions will be heard in the Family Room, which is located to the left of the sanctuary. Confessions may also be by appointment during the week. Please call the parish office, 204-339-4512 to make arrangements.

**Parish Annual General Meeting Sunday, March 26 - 12:15 pm**

# Great Lent 2023

*February 20 - March 31*

## Presanctified Liturgy

*Every Wednesday during Great Lent.*

## Way of the Cross (English)

*Every Friday during Great Lent. 6:30 pm*

## Way of the Cross (Ukrainian) Sundays

*Starting March 5 - 6:30 pm*

## Divine Liturgy & Sorokousty

*All Souls Saturdays*

*Prayers for our dearly departed*

*Saturdays 9:00 am March 4, 11, 18 & May 27*



## Live Streaming Schedule

*YouTube - St. Joseph's Ukrainian Catholic Church Winnipeg*

**Saturday Great Vespers 4:00 pm**

**Sunday Divine Liturgy 9:00 am**

**Wednesday Presanctified Liturgy 7:00 pm**

**Friday Way of the Cross 7:00 pm**

*YouTube - Bishop Velychkovsky National Martyr's Shrine*

**Wednesday Blessed Vasily Devotions 2:30pm**

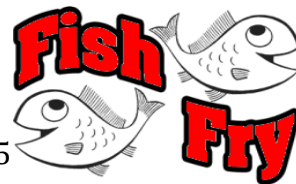


*Please remember to donate food items to  
St. Joseph's Outreach.*

*Donations are always needed. All food items may  
be placed in this container that is located in the  
vestibule of our church.*



**March 17, 24, & 31**  
**4:30 pm - 6:30 pm**



K of C Fr. Shyshkovich Council # 8925



### St. Joseph's Perogy Bee

The next perogy bee will be **March 28th & 29th**

We will be having a second perogy bee on March 28th and 29th as we prepare for the Knights of Columbus fish fries and for your Easter orders.

Due to the ever increasing prices for ingredients the price per dozen is now \$8.00

To order please contact Mary at 204-339-1296. Please note that we will only be making 350 dozen at this time. If we have sufficient volunteers coming out we "may" increase orders in the following months.

**Volunteers are always needed to fill the following positions:** Potato peelers, Dough makers, Dough pressers, Ballers, Pinchers, Pincher runners, Perogy boilers, Perogy runners, Perogy packers, Order fillers, Perogy wrappers, Coffee and lunch prep, Clean up. To volunteer please contact: Donna Sumka (204) 339-6025

### Holy Family Home

Holy Family Home is currently looking for volunteers to assist in the Spiritual Care Department. Duties include transporting residents to weekday services, (9:15am-11:15am) as well as friendly visiting with residents on their units. All volunteers must be able to show proof of vaccination and attend a brief volunteer orientation session. Please contact Michelle Thiessen or Roman Kuzytzky if you would like to join this much-needed ministry. Call 204-589-7381 ext. 213 or email

RKuzytzky@holyfamilyhome.mb.ca. or MThiessen@holyfamilyhome.mb.ca

### Sunday Collection February 19

Sunday Collection	\$2360
Open Collection	\$20
Vigil Lamps	\$64.75
Initial Offering	\$15

Thank you for your support

### Bishop Velychkovsky Martyr's Shrine

Blessed Vasyl Devotions

Wednesdays 7:00 pm Live streaming

**Shrine Hours** Tuesday-Friday 10:00 am - 5:00 pm,  
 Saturday 10 am -1:00 pm

The Shrine will be open for prayers following the  
 Saturday 5:00 pm and Sunday Liturgies.

## FASTING REGULATIONS FOR GREAT LENT



**Simple Fasting** requires the faithful not to consume meat, during all Fridays throughout the year, including the Holy Season of Great Lent, with certain exceptions.

Simple Fasting is recommended on Wednesdays during the Holy Season of Great Lent for the intention of world peace, gratitude for the gift of life and for vocations to the priesthood and religious life.

**Strict Fasting** requires the faithful not to consume meat, eggs and dairy products.

Strict Fasting occurs on the first day of Great Lent, February 20 and on Good Friday, April 7.

The following have been given a general dispensation from fasting:

*Persons who are spiritually or physically ill - sick and convalescent - those who work strenuously, pregnant women and nursing mothers, and those who have reached the age of 60 years.*

Bishops, pastors and confessors may grant a dispensation from the fasting guidelines in case of necessity.

## Prayer of St. Ephrem

*(The Prayer of St. Ephrem is a special prayer that we are invited to pray during the weekdays, morning and evening, of Great Lent. It is a prayer of true repentance: it shows that we want to make a change in our lives.)*

***O Lord and Master of my life,  
keep from me the spirit of indifference and discouragement, lust of power,  
and idle chatter. (Prostration)***

***Instead, grant to me, Your servant, the spirit of wholeness of being,  
humble-mindedness, patience, and love. (Prostration)***

***O Lord and King, grant me the grace to be aware of my sins and not to judge my  
neighbour, for You are blessed, now and for ever and ever. Amen. (Prostration)***

*(Then, with a simple bow, the following is repeated four times.)*

***God, be merciful to me, a sinner.***

***God, cleanse me of my sins and have mercy on me.***

***Lord, forgive me; for I have sinned without number.***

*(Once more, the entire Prayer of St. Ephrem is recited without the usual prostrations.*

*One prostration is made at the conclusion.)*

**GREAT  
LENT**



***Претерпівий за нас страсти, Ісусе Христе,  
Сину Божий, помилуй нас!***

***You have Suffered the Passion For us,  
O Christ Jesus,  
Son of God Have Mercy on Us!***

## A Prayer for Ukraine at this time of War 2023

Lord God, and your love and mercy we humbly implore you to grant an end to the terrible war in Ukraine. May a true peace be restored to the people and may the Ukrainian Nation be blessed with the fulfilment of her aspirations to live in harmony and give glory to you at all times.

Your Apostle Andrew foretold of a great people of faith and You Yourself granted Ukraine the gift of faith that has not wavered since the reign of Saint Volodymyr. Renew this faith in the hearts and souls of Your people at this very dark hour of death and destruction.

May the Mother of God once again spread her mantle over all Ukraine as she did once at Pochaiv and may Saint Michael the Archangel defend Ukraine in battle from all evil. We place our hope in You Lord. We trust in your Will. Amen.

## First Sunday of Great Lent

### *Sunday of Orthodoxy*

This Sunday marks an important message with which the Church wants us to begin Great Lent: *God became human*. This might seem strange, but on this Sunday we commemorate the victory of the *defenders of icons* against those who condemned icons (iconoclasts). The issue was not just icons, but more importantly what does it mean that God became human. Icons are only possible because of the Incarnation of the Son. In taking upon Himself our humanity He demonstrated that we are all called to fulfil our original purpose: to be with God in eternity. This lesson is the culmination of the first week of Great Lent, when during many of the services we would have heard the opening passages of the book of Genesis: God created the world and it was good and God created humanity in the divine image and likeness. We are called to *divinization*, according to the ancient holy writers. Now, during Lent, we have the opportunity to engage more earnestly in this calling: to become Christ-like. Opening ourselves to the Holy Spirit, in order to become God's agents in the world.

*Why do we celebrate the Sunday of Orthodoxy if we are Catholic?*

A very good question. The word "*orthodoxy*" has a number of usages, as does the word "*catholic*". Both these terms can be used in reference to a Christian Church, but that is a very narrow understanding. All major Churches see themselves as orthodox, that is, following the fundamental teaching of the early Christian Church before the various divisions of today arose. The Sunday of Orthodoxy specifically refers to the affirmation of Orthodox Christian teaching on the Incarnation of the Son of God against the teachings of those who opposed the use of icons. This controversy broke out in the 8<sup>th</sup> and 9<sup>th</sup> centuries, before the formal division between "Catholics" and "Orthodox" or Western Christianity and Eastern Christianity.

## Divine Liturgy Intentions & Scripture Readings

February 26 ~ March 5

### First Sunday of Lent

Heb. 11:24-26; 32:12:2 ~ John 1:43-51

Saturday	5:00 pm	February 25	God's Blessing & Thanksgiving Anniversary	Frank & Kathy Hrechka
Sunday	9:00 am	February 26	For Our Parishioners	
	11:00 am		+Glen	Pavcek Family

### Confessor Procopius

Rom. 15:1-7 ~ Matt. 18:10-20

Monday	8:00 am	February 27	Health & God's Blessings Dolores Daniels	Darlene & Duane Dahl
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### Confessor Basil

Gal. 6:2-10 ~ Matt. 4:23-5:13

Tuesday	8:00 am	February 28	+Sophia & Hnat Pisiak	NN
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### Venerable Martyr Eudoxia

2 Cor. 6:16-7:1 ~ Matt. 5:20-26

Wednesday	7:00 pm	March 1	Presanctified Liturgy	
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### Priest Martyr Theodotus

1 Cor. 10:5-12 ~ Matt. 5:27-32

Thursday	8:00 am	March 2	+Anastasia & Nicholas Zawada	NN
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### Martyr Eutropius

Rom. 12:6-14 ~ Matt. 5:33-41

Friday	8:00 am	March 3	Ancestral Healing	Jack & Pat Lewak
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### All Souls Saturday

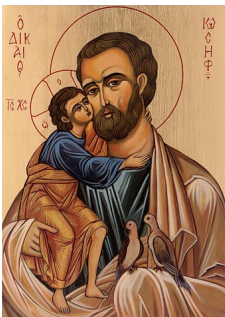
Heb. 3:12-16 ~ Mark 1:35-45

Saturday	9:00 am	March 4	Divine Liturgy for the Deceased & Sorokousty	
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### Second Sunday of Lent

Heb. 1:10-2:3 ~ Mark 2:1-12

Saturday	5:00 pm	March 4	Special Intention	NN
Sunday	9:00 am	March 5	For Our Parishioners	
	11:00 am		+Mary Ryczak	Dolores Daniels



### Prayer to Saint Joseph

Hail, Guardian of the Redeemer,

Spouse of the Blessed Virgin Mary.

To you God entrusted his only Son;

in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and  
guide us in the path of life.

Obtain for us grace, mercy, and courage,  
and defend us from every evil. Amen.

### Collections Baskets

are now located at the front of the church.

Please place your offering in the baskets "before" or "after" Divine Liturgy. Please

refrain from approaching the baskets during

Divine Liturgy, especially during the distribution of Holy Communion.

*Sincere gratitude to all parishioners for your continued generosity*

