



Glory to Jesus Christ! Glory Forever!

Our Council's Guide for the Great Fast (Lent)

Dear Brother Knights!

As I write this message, a year of war has transpired in Ukraine. The entire world has been affected by the brazen acts of Russia's leaders. Hundreds of thousands of innocent lives have been taken and millions have been displaced by acts of irrational and brutal aggression. Earthquakes and storms have taken many more. The world economy has been altered by the disruption of fuel and food supply chains from Ukraine, Russia and other places. Inflation, crime, healthcare inadequacies, political polarization, substance abuse and addiction seem to be on the rise everywhere. The world is sick, wounded and battered. What can we do?

Pope Francis, our bishops, and other leaders of the Christian world have asked us to pray and to fast. With these acts of self-denial and a desire to communicate with God, we ask for God's intervention and guidance in a world where greed, self-gratification (selfishness) and other evils have led to many problems. As well, we, as Knights, need to show by example our commitment to the K of C principles of charity, unity, fraternity and patriotism. These things, together, can help to save our world. Our events in March and April reflect these principles.

Our Fish Fries resume this year for three Fridays: March 17th, 24th and 31st. We expect that every Knight of our council, health permitting, to attend and/or contribute some time or assistance in some way to guarantee its success. Daytime and evening personnel are needed to feed the throngs of people expected. Since there will be some new routines and/or procedures for our brothers who will be working, a special FISH FRY MEETING will be held on Thursday, March 9 at 7pm. All brothers who will be working during the day or serving in the evening are expected to attend this crucial organizational meeting. Some things will be done differently from before and you need to understand a few important changes. Please consider your attendance as mandatory if you plan to work during the day or evening of any or all of the three Fish Fries.

(cont. Pg 2)



Knights of Columbus
INSURANCE
YOUR SHIELD FOR LIFE

Anthony D' Souza
Field Agent - Manitoba
Cell : 204-999-5197

PLANNING MEETING
Thursday, March 9
7 pm

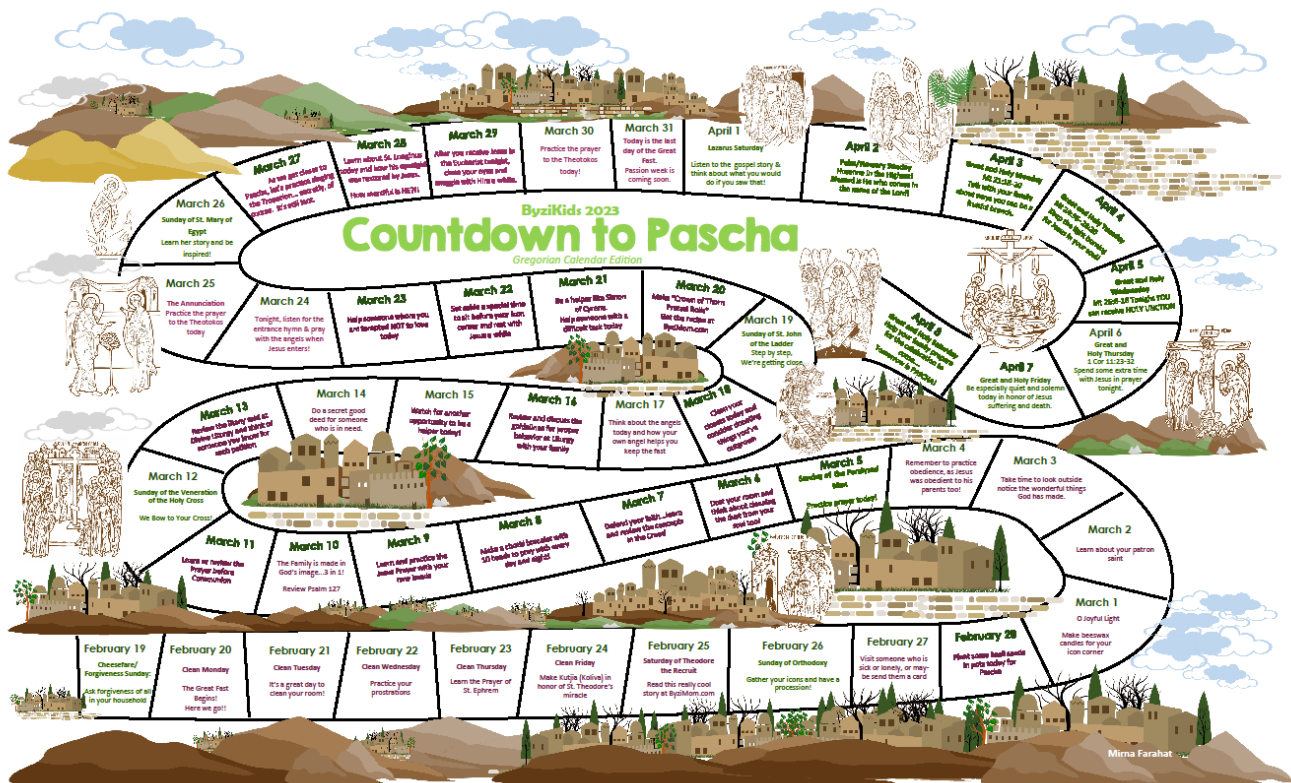
COUNCIL MEETING
Monday, March 13
7 pm

Many charitable organizations depend on our financial support. The Inter Council Charity Drive (ICCD) is the most important source of funds for Manitoba Knights. Only 60% of our council's brothers have obtained, purchased or sold these tickets so far. For those who haven't obtained tickets and those who can afford to purchase or sell more, please call Br. Don Gulchak as soon as possible. Our council has the honour of hosting the final draw in our parish hall on April 29th. The Ukrainian theme for the evening will be very enjoyable. More information will be available in the coming weeks. Please plan to attend.

As Knights, we should be spending more time in communal prayer by attending the many beautiful Lenten services that our parish provides. The Way of the Cross, Presanctified Liturgy, Vespers, and praying the rosary help us to focus our prayers for the needs of our brother Knights, family, friends, leaders, and the people we may not know in places around the world and especially in Ukraine. Pray for the world's political leaders to help stop the war. President Zelensky has inspired and rallied his people to defend Ukraine with any means possible. He is committed to protecting his country, his family, and compatriots. As Knights, we share the same values. Therefore, we need to make similar commitments. For example, we should continue to make financial contributions for aid to Ukraine and assist refugees who have arrived in Canada. Again, please attend our FISH FRY organizational meeting in the parish hall on March 9th and our business meeting on March 13th. Both begin at 7pm. Holy Mother of God, St. Michael and all the angels and saints, please intercede for Ukraine and help us to defend her! While praying for peace in Ukraine, we must continue our charitable work at home by supporting our parish and community. Attend the parish annual meeting on March 26th.

Our condolences are sent to Fr. John Sianchuk, his sisters Marian, Phyllis, Lesia & Janice and family on the passing of their mother Lillian, and to Brother Mike Samec and his family on the recent passing of his father, Dmytro. Vichnaya Pamyat!

Vivat Jesus! Michael Ryczak Grand Knight





Слава Ісусу Христу!

Glory Be To Jesus Christ!

Dear Brother Knights,

As we travel through the time of Great Lent, I would encourage everyone to recite daily the prayer of St. Ephraim. This Lenten prayer is prayed with words and with actions.

This prayer calls to mind two goals that should be sought after during these 40 days of Lent. First of all this prayer asks God to take away what we do not need. Those things that are bringing us away from God and from one another. Secondly, in the prayer we ask God to give us what we need, so that we can follow God more closely and build stronger community among one another. May the prayer of St. Ephraim, which is below, bring us closer to God and to one another.

Peace & Prayers, Fr. Dmytro

A PRAYER FOR LENT

The Prayer of St. Ephraim

O Lord and Master of my life, keep from me the spirit of indifference and discouragement, lust of power, and idle chatter.

(Prostration or Simple Bow)

Instead, grant to me, Your servant, the spirit of wholeness of being, humble-mindedness, patience, and love.

(Prostration or Simple Bow)

O Lord and King, grant me the grace to be aware of my sins and not to judge my neighbour, for You are blessed, now and for ever and ever. Amen.

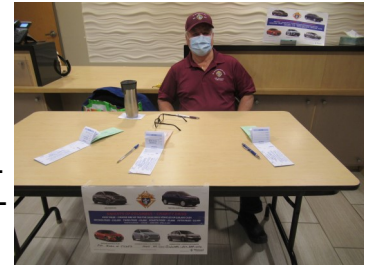
(Prostration or Simple Bow)

(Then, with a simple bow, the following is repeated four times.)

***God, be merciful to me, a sinner.
God, cleanse me of my sins and have mercy on me.
Lord, forgive me; for I have sinned without number.***

*(Once more, the entire Prayer of St. Ephrem is recited without the usual prostrations.
One prostration is made at the conclusion.)*

I.C.C.D. FUNDRAISER TICKETS 2022-23



Thank you brothers! Our EARLY BIRD DRAW tickets counted 5 short of 200 books. Great job! Although the first stage of our fundraising is completed, we still have a lot of work to do. Only 60% of our membership have participated so far in ICCD sales. What about the other 40%? Fundraising never ends! We try very hard to reach everyone in our Council. We try to assist those charities who depend on our donations. However, without your help, we will fail. Thanks to those who have said that they will pick-up one or two more books very soon to increase our total sales.

Brothers, we are hoping to sell I.C.C.D. tickets at 2 or 3 locations during the next 2 months. We do not have enough brothers to man the tables. Please volunteer some time and help us out! Please phone me for dates, places and times.

Our Council is hosting the ICCD Final Draw on April 29, 2023. Please support your Council by purchasing tickets to attend. Be there to collect your winning prize in person!

Please attend our next general meeting! Find out what events are taking place and how you can help! Thank you for your support!

Br. Don Gulchak
I.C.C.D. Fundraising

March 2023

- 3 Ed Bernardin
- 6 Josiph Majer
- 8 Rev. Raymond Lukie C.Cs.R.
- 11 Norris Pawlychka
- 16 Wally Sawchuk
- 20 Joseph Michalchyshyn
- 25 Andy Haworth



Bulletin Information

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K of C Websites

Supreme: <http://www.kofc.org/eb/en/dex.html>
Manitoba State: <http://www.manitobastatecouncil.ca>

Catholic Foundation of Manitoba Website

<http://www.catholicfoundation.mb.ca/>

Why Are There So Many MAiD Deaths?

*Br Dennis Wawyrkow, Life Director
Fr. Shyshkowich Council*

Gordon Friesen, president of the Euthanasia Prevention Coalition, has presented a very informative explanation of this topic. This article highlights the difference between California and Canada, each of which legalized state sanctioned death in 2016 and have a population of about 40 million.

Lately, the mainstream media and government have been relentless in promoting the great “gift” of medical assistance in dying (MAiD = Euthanasia). Choosing silence on these issues to maintain family peace simply cannot be the answer, since one day we will all be confronted with our vulnerability.

2021 Legalized Suicides

Canada 10,064	California 486
7 Physician Assisted	All Physician Assisted
10,057 Euthanasia	No Euthanasia Allowed

Why The Difference?

In Physician Assisted Death (PAS), patients must choose and take the drugs on their own. PAS as a personal choice means the patient alone is responsible; others bear no obligation or power.

In Euthanasia, the doctor administers the drugs. Euthanasia is defined as medical care and thus the doctor is responsible, the doctor is obliged to inform and provide, and society is obliged to facilitate.

**California allows only Physician Assisted Death.
Canada allows Physician Assisted Death and Euthanasia**

And So It Boils Down To This.. It All Depends On Who Is Doing The Killing Under Euthanasia in Canada:

1. The doctor is obliged to initiate the discussion and push death as a treatment. It is understood as a positive good!
2. Consent, then becomes a “non-issue”. Why? Because the doctor is a professional from whom the patient is seeking professional expertise and care. If this is what the expert recommends, then consent is virtually irrelevant.
3. Moreover, it is then argued that we would be cruel to deny anyone the recommended medical treatment even if they cannot actually consent --- just as we would not deny someone a life-saving blood transfusion if they cannot consent (e.g. because of age, disability or level of consciousness).

(Cont. page 6)

*Slippery Slope ? We Are Sliding Quickly!
We Are So Close to The Bottom Of The Pit!*

The present push for euthanasia access for those with mental illnesses, mature minors, or by use of advance directives in the event of incapacity is evidence that this is no longer just a slippery slope but the very bottom of the pit. Vulnerable Canadians are choosing MAiD because the path is suggested, recommended and facilitated by those who should be advocating for **LIFE** and not for death
To hear the entire presentation (about 1 hour), check the following:

ex Schade, Executive D

<https://www.youtube.com/watch?v=ITpluGF7Utg>

If You Become Unable to Make Medical Decisions

WHO WILL SPEAK FOR YOU?

You require a Health Care Directive (HCD)

A HCD is a document which you can use to do either or both of the following:

- - express your wishes about the type of health care you want to receive
- - name the person(s) who will speak for you.

“Introductions to Health Care Directives”

is a one-hour audio-visual program with presentation materials.

To request a recorded presentation for our Council or Parish audience,

please contact: tscatliff@gmail.com

This presentation can be emailed and run off a computer in front of your audience!

If required, we will provide assistance with set-up and presentation



Fish Fry 2023 – Synopsis

After a three year pause of no fish fry events, we have reviewed and reconsidered all aspects of our operation. 2023 is a re-building year for our Lenten Fish Fry event. Only three (3) Fish Fry evenings will be held – March 17, 24, and 31.

The two biggest challenges we face, are: resources (physical bodies to help out) and higher food costs.

- Resource-wise, the Knights face fewer “able and willing” volunteers to assist us. Brothers are encouraged to ask their spouses and families for assistance. Volunteers should identify themselves by contacting Br. Bohdan Wowczuk at 204-894-2042.

- Cost-wise, fish has held the largest percentage of our meal costs. (avg. \approx 2/3 of total) Halibut has become too expensive (\$30+/lb.); All other costs have risen about 12-15% on average.

Much of our food preparation and order processing done in the past, has been retained with a few tweaks made as follows:

- Our “new” fish will be pre-cut Cod loins (\approx 4 oz/pc). (Halibut was \approx 2 oz/pc.) We will continue to be prepare fish the same as in past, battered and deep-fried.
- No changes to perogies, coleslaw, tartar sauce, or fried onions. French fries will be changed to a new “coated” product recommended at the taste test held 2023 Jan 30.
- Chowder and dinner roll has been eliminated, due to poor sales, and product wastage.
- Dessert has been changed to white (sheet) cake w/ icing, due to food handling concerns and inappropriate touching of “unprotected” food by the public.
- Menu pricing confirmed at 2023 Feb 13 Business meeting. Menu layout unresolved.
- Our menu has been simplified, showing our “new” offerings and removing the past “Adult / Child” monikers. (Note: “Adult Halibut Fish & Fries dinner” is equivalent to “Fish & Fries dinner”.)
- “Pieces of Fish available for sale” tracking will be required. Because pre-cut fish has no “cutting waste”, We now must prepare sufficient fish for our customers and workers, while minimizing any occurrences of over-selling.
- Standard Meals for workers (per our menu) will continue to be offered at no charge. Due to our new requirement for “available” fish tracking, ALL “free” worker meals must be recorded via a “sales receipt” from our order taker.
- Any monetary contributions for “free” workers meals may be made with the “Goodwill” offering.

Thank you, in advance, to those workers who purchase their meals outright.

Join Us
FOR A FISH FRY!

Check out our delicious fish fry menu on the following page!!



St. Joseph's Ukrainian Catholic Church
Fr. Shyshkovich Council
2023 Fish Fry
March 17, 24, & 31

<<< MENU >>>

Fish & Perogy dinner - \$ 9
one piece (4 oz) deep-fried battered cod,
three perogies (boiled or deep-fried), coleslaw,
fried onions, sour cream, tartar sauce (on request).*

B. Fish & Fries dinner - \$ 8
one piece (4 oz) deep-fried battered cod,
french fries, coleslaw, tartar sauce (on request).*

C. Extra Fish - \$ 5
one piece (4 oz) deep-fried battered cod,
tartar sauce (on request).*

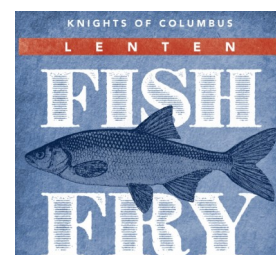
D. Perogy plate - \$ 6
*six perogies (boiled or deep-fried), fried onions,
sour cream.*

E. Fries plate - \$ 3
only french fries.

Beverages - Goodwill offering
Coffee, Tea, Cherry drink

Dessert - Goodwill offering
White cake (with icing)

* Fish serving weight is approximate



Br Knights, please join other members of our Council who completed the **Food Safety Course**. The course website is <https://www.safecheck1.com/> Our Council will reimburse your \$24.98 registration cost once you have successfully completed the course requirements!



2023 Membership

Our Membership dues are being excepted. \$40 Regular Membership and \$25 Honorary Life Member. You may forward your membership in person, by mail or electronically to council8925@gmail.com
If you have any questions, please contact Br Gordon Lasko

FR. SHYSHKOWICH COUNCIL #8925

Bulletin & Meeting Dates

2022 / 2023 Columbian Year

Bulletin Submission Deadline (Monday)	Planning Meeting (Thursday, 7:00)	Business Meeting (Monday, 7:00)
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March 27	March 9	March 13
April 24	<u>Meeting Cancelled</u>	April 10 (8 pm)
May 29	May 4	May 8
	June 8	June 12

